

Priorities: Aims and objectives for Children & young people's Emotional health and Wellbeing LTP for North Somerset

Aim; To Provide Children and Young People (CYP) with an offer that minimises the escalation of their issues with a focus on practical solutions.				
	Objective	Outcomes	Timescales	Lead responsibility
1	Implement an effective Prevention and early intervention approach across North Somerset with planned service expansion and development at Tier 2 and Tier 3	<ol style="list-style-type: none"> 1. Prevention of escalation to Specialist CAMHS 2. Enable access to specialist CAMHS to meet 34% of local need including vulnerable CYP 3. Provide rapid assessment of CYP with Autistic spectrum conditions 4. To create a comprehensive pathway to enable step up and step down 'patient flow' 5. Facilitate greater self-help and digital take up by CYP 6. Reduce waiting times for Specialist CAMHS by improved pathways which supports earlier intervention and step down from CAMHS 7. Differentiated solutions for Woodspring and Weston localities aimed at improving access through practical solutions 	2019/21	CCG/Area Team
2	To collaborate across BNSSG to bid to NHS England for Mental health support teams (MHST) in Schools aiming for one team in North Somerset (January 2020)	<ol style="list-style-type: none"> 1. Work actively with schools to identify the scale of the problem and develop a local infrastructure which creates additional capacity, skills and knowledge 2. Enables a whole school approach and coalesces a new approach with Co-production by CYP 3. Support the development and implementation of the new SEMH Free Special School in North Somerset 	2020/21	CCG/Public health teams
3	Further develop the UCAT service ensuring that the service meets local need including weekend access	<ol style="list-style-type: none"> 1. Define pathways across NS and pan BNSSG (where there is a cross-county dependency for service provision) 2. Clarify pathway for CYP in crisis in NS including those with suicidal ideation requiring medication 	2020/21	CCG
4	Expand opportunities for parent/carer training to build and sustain positive relationships with CYP	<ol style="list-style-type: none"> 1. Develop training and online resources to support parents/carers of children who are awaiting assessment or further treatment. 	2020/21	SEND Board

	including those with challenging behaviour			
5	Develop an approach to care co-ordination so that CYP and parents/ carers are better supported at all stages in the care pathway	<ol style="list-style-type: none"> 1. One stop option is fully explored at an area and locality levels. 2. Enabling providers to collaborate by co-ordinating care at an individual patient level and reduce fragmentation. 3. Transition arrangements are improved from Children's services to adult services. 	2020/21	NS Area leadership Group
6	Ensure genuine co-production with key stakeholders is embedded in all work related to CYP	<ol style="list-style-type: none"> 1. To ensure Children and Young people and other stakeholders are fully engaged in designing workable solutions and in delivering the objectives within the SEND written statement of action 2. To involve representative groups of young people in emerging service design and review, including care leavers and children looked after 	2019 onwards	CCG/Area Team/NSC
7	Produce a comprehensive workforce plan and associated training plan for individuals, groups and multi-agency participation at local and BNSSG level	<ol style="list-style-type: none"> 1. Enables effective succession and service continuity 2. Stocktake of skills, experience and knowledge across all sectors within NS 3. Comprehensive access to best practice CPD for those involved in care delivery 3. Incorporate early intervention perinatal and infant mental health training 	2019/22	Healthier Together
8	Review iThrive approach and benefits arising from the pilot projects in Bristol and South Gloucestershire and plan for implementation across North Somerset	<ol style="list-style-type: none"> 1. Transparent benefits and decision making in regards a new model of care delivery to replace existing tiered approach 	2020/21	NS Future in Mind Group
9	Ensure a robust IT system is in place within CAMHS and more widely across the system which captures an improved range of data	<ol style="list-style-type: none"> 1. To inform new reporting structure and outcomes 2. Contribute to JSNA 3. Support the SEND Programme Board in monitoring services across the Local Area in regards; (specify) 	2019/20	CCG/Weston Area health Trust
10	Produce and roll out an annual bespoke training	<ol style="list-style-type: none"> 1. To work with schools and Public health to proactively co-ordinate a training plan with priority areas identified each year 	2020/21	Public Health teams

	programme within schools and associated training for mental health leads, teaching and support staff	2. Improve connections between Commissioners and the Healthy school network. 3. Provide clarity on comprehensive pathways to improve access for CYP within and outside school environments		
11	Further develop the Eating disorder Service to meet local need in North Somerset and complies with relevant NICE guidance	1.To ensure the national target of 95% of urgent referrals are seen within one week and 95% of routine referrals are seen within four weeks by 2021	2019/21	CCG/CAMHS
12	To ensure a locally accessible Perinatal and Infant Mental Health (PIMH)service is provided in North Somerset	1.To improve access to a local PIMH's service 2. Ensure a focus on early support for women with mild to moderate mental health issues and babies over 1 year of age.	2019/2023	Healthier Together
13	To work with North Somerset Council and other key stakeholders to consolidate the role of the YOS in regard supporting the emotional wellbeing of CYP	1.To ensure consistent funding of key posts 2.Further develop close links between YOS and other CYP services	2020/21	NSC/CCG